

## Accreditation Information

OSF Saint Francis Medical Center-Continuing Education Provider Program (CEPP) (OH-353, 6/1/2013) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Certificates for 4 contact hours will be distributed to participants at the end of the symposium.

## Faculty

Sarah Allen, RN, MSN, CDE

*Diabetes Educator, Pediatric Diabetes Resource Center*

Shelly Allen, RN, BSN

*Diabetes Educator, Pediatric Diabetes Resource Center*

Diane Hemp, RN, CDE

*Diabetes Educator, Pediatric Diabetes Resource Center*

Joshua Herman

*Associate Attorney, Miller, Hall and Triggs, LLC*

Heather Kloster, MSW, LCSW, CDE

*Licensed Clinical Social Worker, Pediatric Diabetes Resource Center*

Marie Mullins, MA

*Counselor, Pediatric Diabetes Resource Center*

Jenni Newton, RD, LDN, CDE

*Registered Dietitian, Pediatric Diabetes Resource Center*

Shawn Priess, RD, LDN, CDE

*Registered Dietitian, Pediatric Diabetes Resource Center*

Jolinda Rasmuson, RN, BSN, CDE

*Diabetes Educator, Pediatric Diabetes Resource Center*

Julie Stear, RN, BSN, CDE

*Diabetes Educator, Pediatric Diabetes Resource Center*

Martha Tiemeier, RD, LDN

*Registered Dietitian, Pediatric Diabetes Resource Center*

Nicolette Tippett, RN, BSN, CDE

*Diabetes Educator, Pediatric Diabetes Resource Center*

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**Children's  
Hospital  
of Illinois**  
at OSF Saint Francis Medical Center

530 N.E. Glen Oak Ave.  
Peoria, Illinois 61637

# DIABETES EDUCATION PROGRAM

*for School and Daycare Personnel*



**Wednesday, August 28, 2013**

**4 - 8:30 pm**

**Jump Trading Simulation &  
Education Center**

Peoria, IL

**Children's  
Hospital  
of Illinois**  
at OSF Saint Francis Medical Center

**OSF**  
HEALTHCARE

## Purpose

The purpose of this symposium is to provide diabetes education to all who are in contact with children with diabetes in the school or daycare setting. At Children's Hospital of Illinois we feel that it is important that all children with diabetes receive safe, competent care while in the school setting. As a leader in children's healthcare, we are committed to provide quality education to those who care for our children.

## Session Descriptions

**Introduction to Diabetes** – General overview of Type 1 and Type 2 diabetes and treatment for each. Identifying the need for a Diabetes Medical Management Plan and how to complete this information.

**Carbohydrate Counting and Physical Activity** – General overview of reading a food label and delivering insulin for carbohydrates eaten. Basic guidelines for activity.

**Blood Glucose Monitoring and Insulin Injections** – Hands on practice of using a blood sugar meter to check blood sugar and drawing up and injecting saline to practice giving insulin injections.

**Introduction to Insulin Pump Therapy** – Basic information on the use of an insulin pump for treatment of Type 1 diabetes.

**Hypoglycemia and Glucagon Administration** – Identifying signs and symptoms of low blood sugar in a child with diabetes and strategies for treatment. Discuss scenarios and proper techniques for administering glucagon.

**Carbohydrate Counting Practice** – Hands-on practice of carbohydrate counting, using food models and scenarios which will build upon the knowledge obtained at the Carbohydrate Counting and Activity General Session

**Hyperglycemia and Ketone Management** – Identifying signs and symptoms of high blood sugar in a child with diabetes and strategies for treatment. Discuss the method for checking for ketones and treatment options.

**Caring for the Student with Diabetes in Compliance with the Law** – Discuss the Care of Students with Diabetes Act and how schools can meet compliance standards.

## Schedule

4:00 pm	<b>Registration, Dinner &amp; Welcome</b>
4:30 pm	<b>General Session</b> Introduction to Diabetes <i>Shelly Allen, RN, BSN</i>  Introduction to the Diabetes Medical Management Plan <i>Heather Kloster, MSW, LCSW, CDE</i>
5:00 pm	<b>General Session</b> Carbohydrate Counting and Activity <i>Jenni Newton, RD, LDN, CDE</i>
5:40 pm	<b>Breakout Session 1, 2, or 3</b> Session 1 – Blood Glucose Monitoring and Insulin Injections  Session 2 – Introduction to Insulin Pump Therapy  Session 3 – Questions and Answers/Scenarios
6:20 pm	<b>Breakout Session 4, 5, or 6</b> Session 4 – Hyperglycemia and Ketone Management  Session 5 – Hypoglycemia and Glucagon Management  Session 6 – Questions and Answers/Scenarios
7:00 pm	<b>Breakout Session 7, 8, or 9</b> Session 7 – Hyperglycemia and Ketone Management  Session 8 – Carbohydrate Counting Practice  Session 9 – Blood Glucose Monitoring and Insulin Injections
7:40 pm	<b>General Session</b> Caring for the Student with Diabetes in Compliance with the Law
8:20 pm	<b>Adjournment &amp; Distribution of Certificates of Attendance</b>

## Directions

For driving directions, visit [www.jumpsimulation.org](http://www.jumpsimulation.org)

## Registration Form

**Registration Fee:** \$20

**To register**, please complete form and send by mail, e-mail, or fax.

Michelle Sheppard  
Children's Hospital of Illinois  
530 NE Glen Oak Avenue  
Peoria, IL 61637

Email:  
[michelle.a.sheppard@osfhealthcare.org](mailto:michelle.a.sheppard@osfhealthcare.org)  
Fax: 309.671.4832  
Phone: 309.671.4498

Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### Breakout Session:

(Please select one session for each time slot. Session descriptions are to the left.)

#### 5:40 – Session 1, 2, or 3

Session 1       Session 2       Session 3

#### 6:20 – Session 4, 5, or 6

Session 4       Session 5       Session 6

#### 7:00 – Session 7, 8, or 9

Session 7       Session 8       Session 9

If you are attending any of the insulin pump sessions and have interest in a specific insulin pump please indicate this below:

Animas®

Medtronic Minimed®

OmniPod®