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CONTINUING MEDICAL EDUCATION

## Diabetes Education Program for School and Daycare Personnel



Tuesday, August 16, 2016

8 a.m. – 2:30 p.m.

Jump Trading Simulation & Education Center  
Peoria, Illinois



## General Information

### Course Description

The purpose of this symposium is to provide diabetes education to all who are in contact with children with diabetes in the school or daycare setting. At Children's Hospital of Illinois we feel that it is important that all children with diabetes receive safe, competent care while in the school setting. As a leader in children's health care, we are committed to provide quality education to those who care for our children.

### Accreditation

OSF Saint Francis Medical Center-Continuing Education Provider Program (CEPP) (OH-353, 8/27/2016) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Certificates will be sent electronically to participants within 4 weeks after the program.

### Program Content

**Introduction to Diabetes** – General overview of Type 1 and Type 2 diabetes and treatment for each. Identifying the need for a Diabetes Medical Management Plan and how to complete this information.

**Carbohydrate Counting and Physical Activity** – General overview of reading a food label and delivering insulin for carbohydrates eaten. Basic guidelines for activity.

**Blood Glucose Monitoring and Insulin Injections** – Hands on practice of using a blood sugar meter to check blood sugar and drawing up and injecting saline to practice giving insulin injections.

**Introduction to Insulin Pump Therapy** – Basic information on the use of an insulin pump for treatment of Type 1 diabetes.

**Hypoglycemia and Glucagon Administration** – Identifying signs and symptoms of low blood sugar in a child with diabetes and strategies for treatment. Discuss scenarios and proper techniques for administering glucagon.

**Carbohydrate Counting Practice** – Hands-on practice of carbohydrate counting, using food models and scenarios which will build upon the knowledge obtained at the Carbohydrate Counting and Activity General Session

**Hyperglycemia and Ketone Management** – Identifying signs and symptoms of high blood sugar in a child with diabetes and strategies for treatment. Discuss the method for checking for ketones and treatment options.

**Caring for the Student with Diabetes in Compliance with the Law** – Discuss the Care of Students with Diabetes Act and how schools can meet compliance standards.

## Conference Faculty

### Shelly Allen, RN, BSN

Diabetes Educator  
*Pediatric Diabetes Resource Center*

### Diane Hemp, RN, CDE

Diabetes Educator  
*Pediatric Diabetes Resource Center*

### Joshua Herman

Associate Attorney  
*Miller, Hall and Triggs, LLC*

### Elizabeth McGettrick, MSW, LCSW

Social Worker  
*Pediatric Diabetes Resource Center*

### Marie Mullins, MA, LCPC, NCC, CDE

Counselor  
*Pediatric Diabetes Resource Center*

### Jenni Newton, RD, LDN, CDE

Registered Dietitian  
*Pediatric Diabetes Resource Center*

### Jolinda Rasmuson, RN, BSN, CDE

Diabetes Educator  
*Pediatric Diabetes Resource Center*

### Julie Stear, RN, BSN, CDE

Diabetes Educator  
*Pediatric Diabetes Resource Center*

### Martha Tiemeier, RD, LDN

Registered Dietitian  
*Pediatric Diabetes Resource Center*

### Nicolette Tippett, RN, BSN, CDE

Diabetes Educator  
*Pediatric Diabetes Resource Center*

## Agenda

- 8:00 a.m. Registration/Breakfast
- 8:15 a.m. Introduction to Diabetes
- 8:25 a.m. Blood Glucose Monitoring/Injections
- 8:50 a.m. Carb counting and Activity
- 9:25 a.m. Break
- 9:40 a.m. Hypoglycemia/Glucagon
- 10:10 a.m. Hyperglycemia/Ketones
- 10:45 a.m. DMMP and Social/Emotional Aspects of Diabetes
- 11:15 a.m. Lunch
- 11:45 a.m. Pump/Sensor Introduction
- 12:15 p.m. Skills Lab
  - Skills Lab 1 – Blood Glucose Monitoring/Injections*
  - Skills Lab 2 – Pumps*
  - Skills Lab 3 – Carb Counting Practice*
- 1:45 p.m. Caring for the Student with Diabetes in Compliance with the Law
- 2:15 p.m. Question/Answer/Evaluation

## Registration

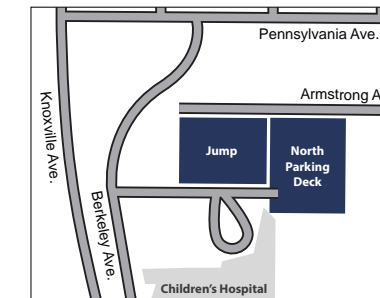
### To Register:

1. Visit [www.jumpsimulation.org/calendar](http://www.jumpsimulation.org/calendar)
2. Click on “Diabetes Education Program for School and Daycare Personnel”
3. Click on “Register Now”

**Registration Fee:** The **nonrefundable** fee for this symposium is \$35. Credit card payment recommended at time of registration. Please make checks payable to OSF HealthCare and include school and registrant names.

**Additional Information:** For questions related to this event, please contact Michelle Sheppard at 309.624.5903 or email [michelle.a.sheppard@osfhealthcare.org](mailto:michelle.a.sheppard@osfhealthcare.org)

## Location



**Jump Trading Simulation & Education Center**  
1306 Berkeley Avenue, Peoria, Illinois 61603

**Driving Directions:** [jumpsimulation.org](http://jumpsimulation.org)

**Parking: Please park in North Parking Deck only.** There is access to the Simulation building immediately inside Children's Hospital, or on the 2nd floor of the North Parking Deck.